

September 2019

**ALCOHOL-RELATED PROGRAMS**



**EDUCATIONAL MEDIA LIBRARY**

7352 State Highway 23 Suite 3

Oneonta, New York 13820

Phone: 607-286-7715 Ext. 2703

E-mail: [www.oncboces.org](http://www.oncboces.org)



**ADDICTED- KEVIN DV 3, 60 minutes**

Kevin is a 26 year old alcoholic who has alienated his friends and family with his downward spiral of drinking. In addition to his alcoholism, Kevin is also a diabetic, making his addiction all the more dangerous.

**ADDICTED, DV 2, IJ, 120 minutes**

Includes two titles: Amanda - a 31 year old alcoholic and heroin addict. She is jobless, homeless and on probation. At their wits end and with no where else to turn, her parents contact Kristina for help in getting their daughter's life back on track. Klea is a 19 year old meth addict who has turned to prostitution in order to support her habit. With Kristina's help, Klea must face the demons in her past and escape her downward spiral before it ends in complete self-destruction.

**ATHLETES, ALCOHOL AND STEROIDS DV 323 / VI 6117, JH, 23 minutes**

New research has indicated that school athletes, both male and female, are at a greater risk of abusing *alcohol* and steroids than non-athletes. The program explains why the risk is greater (media images, advertising alcohol with sports events, peer pressure), and how knowledge about the problem can be a first step in reducing athletes' alcohol and steroid use. Interviews with coaches, teens and professional athletes highlight the problem and emphasize how alcohol use undermines sports success. The medical health deficits of steroids are clearly presented.

**BUZZ IN A BOTTLE: THE DANGERS OF CAFFEINE-SPIKED ENERGY DRINKS**

DV 1524 / DM 20841, IJH, 17 minutes

With the lure of an over-the-counter jolt, kids are consuming more energy drinks than ever before and in many cases mixing them with *alcohol*. Through vivid interviews with teens and health experts, the video describes the many physical effects that these concoctions have including dizziness, fainting, heart palpitations, caffeine poisoning, headaches, fatigue, diminished concentration, anxiety, insomnia, shaking, nausea, and high blood pressure.

**THE DANGER ZONE: STEERING CLEAR OF DRUGS DV 238, PI, 15 minutes**

Includes three titles: ALCOHOL, TOBACCO AND MARIJUANA, - using animation as well as dramatic vignettes, shows that illegal substances damage the growing and developing brain and the body; DANGERS IN YOUR HOUSE - points out the differences between a doctor's prescribed medication for another family member and the dangerous consequences of taking other peoples medication; THE POWER OF NO - focuses on 4 short dramas in which elementary children are confronted with a decision on whether to try a substance or choose not to try it and get help from an adult. Scenarios involve alcohol, tobacco, cough syrup and air freshener. Learning refusal skills can save your health as well as your life. Also see VI 5605, VI 5606, VI 5607.

**DEGRASSI, THE NEXT GENERATION –Season 2, Disc 3, DV 449, JH**

Episodes: 216-222. MESSAGE IN A BOTTLE - (*alcohol*) Sean feels unwanted and starts drinking. He shows up at a party drunk and embarrasses himself. RELAX - Liberty can't believe she did not make the girls hockey team but was asked instead to be team manager; Terri reads Paige's palm and believes Paige is dying due to her short life-line on her palm. DRESSED IN BLACK - (sexual intercourse) JT convinces Toby to buy a condom in case he has sex with Kendra. FIGHT FOR YOUR RIGHT - (theft, student protests) Spinner steals Jimmy's MP3 player due to jealousy about Mimmy's wealth. Emma is suspended for her protest against the school's genetically modified foods. HOW SOON IS NOW - (rape) Paige confronts Dean about the rape and decides to press charges. TEARS ARE NOT ENOUGH - (death) Craig's father hits him and then gets into a fatal accident. PART 2; After his father dies, Craig starts acting strangely and feels no sorrow.

**DEGRASSI: THE NEXT GENERATION, Season 1-Disc 1, DV 445, JH**

Episodes 1-8. MOTHER AND CHILD REUNION - (pedophilia) Emma meets an adult online posing as a teenager to win her affection; FAMILY POLITICS - (sibling rivalry) Conflicts develop between Ashley and stepsibling Toby. EYE OF THE BEHOLDER - (*alcohol abuse*; pornography; sexual attraction) Paige convinces Terri to get drunk so she can go out with Spinner; Toby and JT get caught looking at internet pornography; Emma develops a crush on Sean; PARENTS DAY - (divorce) Toby's divorces parents fight during a parent-teacher meeting; THE MATING GAME - (sexual attraction) Ashley and Jimmy decide they are not ready to have sex. BASKETBALL DIARIES - (attention deficit disorder) Jimmy takes Spinner's Ritalin medication to improve his basketball performance. SECRETS AND LIES - (sexual orientation) Ashley discovers her father is gay.



**DRINKING GAMES, ALCOHOL ABUSE, AND OVERDOSE** DV 1628, JH, 23 minutes This hard-hitting program reveals the truth about teens that engage in drinking games and put themselves at risk for alcohol poisoning, overdose and death. Viewers hear the story of Scott, a smart, athletic fifteen year-old who died from alcohol poisoning after playing a popular drinking game at a friend's house. In another segment, Dr. O'Brien, an emergency room physician describes the harsh medical procedures that occur when a teen is brought to the hospital after binge drinking. Program also travels to a renowned research brain lab at the University of California, where brain scans clearly show the neurological damage that can occur when teens consume alcohol.

**DRIVING STUPID** DV 2015

DVD, JH, 19 min., HUMAN RELATIONS MEDIA, 2014

This program dramatizes that most teens overestimate their driving skills and underestimate the risks involved in texting while driving, driving drowsy and driving under the influence. True to life stories accentuate these very real dangers. A young woman describes how a driver who was texting caused a crash that killed her parents and left her with severe injuries. Another teen describes falling asleep while driving and how the resulting crash left him wheel-chair bound for life. A trauma center nurse and a police officer describe the kinds of injuries they have seen for teenage victims of crashes due to *alcohol* and drugs. The film also shows teens participating in a driving skills program that safely exposes them to a variety of hazards and teaches them the importance of developing safe driving skills. Includes video, plus teacher's resource book, student handouts and pre/post tests in digital format.

**DRUGGED DRIVING: THE ROAD TO DISASTER** DV 1447, JH, 25 minutes

Drives home the dangerous consequences of driving not only while under the influence of alcohol but other drugs as well. Students will learn the frightening facts of driving while under the influence and what to do in situations that could potentially lead to drugged driving. They will learn both how to recognize the signs of someone who is unfit to drive, and how to make smart choices before getting into a car. Includes guide.

**DUI: THE HARD TRUTH** DV 914, JH, 29 minutes

This program drives home the deadly consequences of driving while under the influence of alcohol or other illicit drugs, using hard-hitting stories to portray drugged driving as the danger it is. Each incident is told "live" in front of an audience of students, parents, teachers and medical professionals who add their expertise. Includes teacher's resource book.

**DUI: EVERY FIFTEEN MINUTES** DV 2136

DVD, JH, 11 min., AIMS MULTIMEDIA, 2001

A vivid reenactment shows the brutal aftermath of an *alcohol*-related car crash, the final destination for four teenagers on a Friday night.

**LIFESTYLE DISEASES AND HOW TO AVOID THEM** DV 1450, JH, 18 minutes

This program provides the latest information about certain lifestyle behaviors and how these behaviors can increase a person's risk for a variety of diseases. Two teen hosts explore how the choices made by young people today about smoking, alcohol use, their diet, inadequate sleep, how they deal with stress can have consequences 40 or 50 years into their future. The last segment of the program focuses on the many ways that students can take control of their life and decrease their own personal risks of lifestyle diseases. Includes guide.

**SILENT VOICES**, DV 2132, JH, 20 minutes

A powerful program that dramatically shows teens the dangers of drinking and driving. A realistic crash with attendant law enforcement, fire department, and EMT personnel brings to life the devastation caused by an automobile collision. Ultimately the teenage driver and his sister, who provided him with alcohol, are incarcerated for their actions.

**STRAIGHT TALK; THE TRUTH ABOUT ALCOHOL AND SEX**, DV 1530, IJH, 18 minutes Using a unique drama format combined with a documentary style, this video/print package memorably explores the all too common consequences of underage drinking and sexual misconduct. The drama centers around the aftermath of an underage drinking party, recreated through flashbacks of excessive drinking, loosened inhibitions, poor judgment and painful consequences.



**STRONGER, TOUGHER, SMARTER; STORIES OF TEEN RESILIENCE DV 2019,**  
DVD, JH, 20 min., HUMAN RELATIONS MEDIA, 2014

Program focuses on five stories of teens who prove that it is possible to bounce back from painful events and hard times. Viewers hear from a girl who learned to overcome an eating disorder and another girl who recovered from addiction to *alcohol*. A boy describes how seeking help from his grandmother helped him cope with his mother's bout with cancer and a student demonstrates how meditation helped her deal with stress and depression. A psychologist offers specific advice on steps that anyone can take to build resilience, including seeking help and support from others, nurturing a positive self-image, looking for opportunities for self-discovery, and developing realistic goals. Includes: video, plus teacher's resource book, student handouts and in digital format

**TALES FROM THE PROM: THE GOOD, THE BAD, AND THE UGLY,**

DV 1531, IJH, 23 minutes

A teen's prom can be one of the most memorable nights of a life time, as well as one of the most regrettable. Prom night often finds teens pressured to engage in underage drinking, illegal drug use, unprotected sex or more. This video turns its lens on a wide range of real teens and their prom experiences, from the most positive moments to events gone horribly wrong.

**THE TOTALLY DISGUSTING ALCOHOL GROSS OUT VIDEO DV 2103**

Digital Media, JHA, 15 min., HUMAN RELATIONS MEDIA, 2012

This devastating video, a brand new companion piece to our best-selling Totally Disgusting Gross Out Tobacco Video, will get students to think before engaging in underage drinking. It's all there...the vomiting, the stomach pumping, the DUI's, the toilet clutching, the hangovers, the ER visits, the bad decision making. Viewers will gain a thorough understanding of how *alcohol* affects the body and the risks associated with *alcohol* use. The program delivers a strong no-use message. Includes teacher's resource book, student handouts and pre/post tests in digital format.

**THE TOP TEN REASONS NOT TO DRINK ALCOHOL DV 2152**

DVD, JH, 16 min., HUMAN RELATIONS MEDIA, 2016

Teen viewers will be riveted by the facts and information on this 10-point countdown. Just let the facts speak for themselves to understand the impact of *alcohol* on teen lives: #10 Impaired Decision-Making, #9 Vision Impairment, #8 Memory Loss, #7 Long-term Brain Damage, #6 No Safe Amount for Teens, #5 Drinking to Get Wasted, #4 Legal Issues, #3 Addiction, #2 DUI, and #1 Death. The countdown is supported by the latest science and data, with an extensive teacher's resource book, student handouts and pre/post tests in digital format.

**TRUTH ABOUT DRINKING, DV 2134, IJH, 36 minutes**

Alcohol kills more than five times the number of people killed by cocaine, heroin, and every other illegal drug combined. Yet for teenagers, alcohol is the number one drug of choice, and many consider it "cool" to drink as much as they can in social situations involving their peers. The comprehension of the consequences of drinking are expanded and reinforce; how drinking impairs a person's coordination, vision, and reaction time; how the brain and other organs suffer lasting damage from alcohol use; how a drunk person really drives; and how drinking can lead to spending months in a rehabilitation center.



A 3-D display shows many of the physical consequences of alcohol abuse. Permanently mounted, life-size, hand-painted models are graphic and accurate. Each model is described in easy-to-understand terms. Display is contained within its own sturdy wooden carrying case. Includes guide.

**SK 530**



## SOME OF THE MANY DIGITAL STREAMING TITLES AVAILABLE

### **Alcohol Facts: Straight Up**

*Streaming video, Intermediate - Senior High, 17 min., Sunburst Visual Media, 2005*

Watch this video exploration of teenage *alcohol* consumption. Hear how *alcohol* affects a teenager's thinking and behavior. Take a closer look at teen drinking and driving and uncover the impact on teens of an *alcoholic* parent.

### **Alcohol**

*video, Primary - Intermediate, Mazzerella, 2016*

This video program presents information about the use and abuse of alcohol and how it affects a person's body and brain. Designed specifically for young learners, the program provides students with simple illustrations of how alcohol can negatively affect normal bodily functions. After viewing this program, children will understand that alcohol is a drug that can be very addictive. They will also understand that even though alcohol is legal for adults, it is not legal for younger people because of its harmful effects on the developing body and brain.

### **Real Life Teens Alcohol**

*video, Junior High - Senior High, 00:19:00, Films Media Group, 2010*

This program discusses the effects and consequences of drinking *alcohol*. Subjects covered include the effects of *alcohol*; the risks involved with *alcohol*; *alcohol* use and peer pressure; the long-term health risks involved with *alcohol*; the parts of the body responsible for breaking down *alcohol*; *alcohol* abuse and dependency; the warning signs of *alcohol* dependency; and organizations that help with *alcohol* abuse and dependency. Correlates to all applicable National and State Educational Standards including the NCLB Act.

### **Alcohol: Let's Talk About**

*video, Primary - Intermediate, 00:07:08, Mazzarella Media, 2016*

This program presents information about the use and abuse of alcohol and how it affects a person's body and brain. Designed specifically for young learners, the program provides students with simple illustrations of how alcohol can negatively affect normal body functions. After viewing this program, children will come to understand that alcohol is a drug that can be very addictive. They will also come to understand that even though alcohol is legal for adults, it is not legal for younger people because of its harmful effects on a developing body and brain. Learning Objectives: After viewing this program, children will: understand alcohol is a drug that can be addictive learn that alcohol is legal to consume for adults 21 years of age and up understand the short term effects of alcohol learn that the long term abuse of alcohol can lead to many kinds of disease recognize that alcoholism negatively impacts individuals, families and communities.

### **Underage Drinking, Dangers and Consequences: Talk it Out**

*video, video, Junior High - Senior High, 00:12:24, Mazzarella Media, 2016*

The program starts off with an explanation of what alcohol is, how it's produced, and its role as a celebratory beverage in our society. Students will come to understand the reasons alcohol is illegal to consume for persons under the age of twenty-one. The video delves into the immediate effects of alcohol consumption on blood circulation and breathing. Viewers will learn alcohol sedates the central nervous system and how it impacts parts of the brain responsible for emotion and behavior. The program explores the negative effects of alcohol abuse and addiction on a person, family and the community. In the end, students will come to understand that the decisions they make about alcohol will influence their health, grades, relationship, career and their freedom. Learning Objectives: After viewing this program, students will: understand alcohol is a drug that can be addictive learn that alcohol is legal to consume for adults 21 years of age and up understand the short term effects of alcohol and long term effects of alcohol abuse recognize the negative impact of alcoholism on individuals, families and society.

### **Prevention Television Alcohol and Other Drug Prevention for Grades 3-5**

*Streaming video, Intermediate - College/Adult, 00:18:00, Films Media Group, 2012*

Let's face it: pressure to drink *alcohol* or use other drugs starts before the teenage years. This program equips elementary school students with the age-appropriate information they need to make healthy choices, including what *alcohol* and other drugs do to a young person's body and brain; how friends can protect each other; and why it's important to talk with parents or other adults about *alcohol* and other drugs. The DVD version comes with a facilitator's guide containing background information, a session outline, and a reproducible parent newsletter.