



## **ABUSING OVER THE COUNTER DRUGS DV 237**

DVD, JH, 20 min., HUMAN RELATIONS MEDIA, 2004

This program explores the most common abuses of OTC drugs and shows the chemical, biological and psychological damage that can result from abusing these ordinary drugs. Particular attention is paid to DXM, the powerful medication linked to recent deaths of young people across the country. DXM is a legal drug found in many OTCs, but it has the same qualities as drugs considered much more dangerous like *heroin*. The cold tablet form of this drug is the basis of a new and dangerous form of OTC drug abuse called skittling, which can also result in coma or even death. The dangers of this kind of abuse are brought home through the tragic story of Jennifer Darling, a high school student whose apparent experimentation with the drug was a cause in her own death.

## **ADDICTED DV 2**

DVD, IJ, 120 min.,

Includes two titles: Amanda - a 31 year old alcoholic and *heroin* addict. She is jobless, homeless and on probation. At their wits end and with no where else to turn, her parents contact Kristina for help in getting their daughter's life back on track. Klea is a 19 year old meth addict who has turned to prostitution in order to support her habit. With Kristina's help, Klea must face the demons in her past and escape her downward spiral before it ends in complete self-destruction.

## **ATHLETES, ALCOHOL AND STEROIDS: WHAT'S WRONG WITH THIS PICTURE? DV 323**

DVD, JH, 23 min., HUMAN RELATIONS MEDIA, 2006

New research has indicated that school athletes, both male and female, are at a greater risk of abusing alcohol and steroids than non-athletes. The program explains why the risk is greater (media images, advertising alcohol with sports events, peer pressure), and how knowledge about the problem can be a first step in reducing athletes' alcohol and steroid use. Interviews with coaches, teens and professional athletes highlight the problem and emphasize how alcohol use undermines sports success. The medical health deficits of steroids are clearly presented.



## **BABIES CAN'T SAY "NO": SUBSTANCE ABUSE DURING PREGNANCY DV 2129**

DVD, JH, 23 min., AIMS MULTIMEDIA, 2002

This program shows how a pregnant woman's use of alcohol, tobacco, and other drugs may severely harm the fetus, causing miscarriage or premature birth. It explains that an infant who survives an alcohol-soaked pregnancy is often born with Fetal Alcohol Syndrome, a group of serious physical and neurological birth defects-and the most common cause of mental retardation.

## **BATH SALTS: THE DEADLY FACTS DV 1626, DM20990**

DVD, JHA, 19 min., HUMAN RELATIONS MEDIA, 2012

Bath salts are the newest drug scourge to hit the US. They are currently available online, in gas stations and convenience stores across the nation. In the first few months of 2011, poison control centers nationwide reported a record-breaking increase in ER visits related to bath salts. This program gives viewers the hardcore truth about this highly addictive substance which causes intense paranoia, psychosis and suicidal thoughts. A drug abuse expert who treats young people in the grips of bath salt addiction speaks bluntly about this methamphetamine-like drug. The gut-wrenching story of Jarrod Moody, a young man who took his own life after a binge on bath salts caused him to spiral out of control, makes a powerful case against experimenting with bath salts.

## CONSEQUENCES OF DRUG ABUSE SK 531

Study Kit, IJH, HEALTH EDCO, 2003

This detailed display shows what actually happens to the body when drugs are abused. Life-size 3-D models of the body's organs are graphic and accurate. Brief descriptions make this educational tool ideal for health fairs, clinics and schools. Comes within a wooden carrying case. Includes one guide.

## DANGERS OF INHALANTS FOLDING DISPLAY SK 664

Study Kit, IJH, HUMAN RELATIONS MEDIA

This folding display uses vivid graphics and hard-hitting information to communicate the facts about inhalants to students from elementary through high school. Bright illustrations are combined with text to emphasize the short- and long-term effects of inhalant abuse. Includes true stories of teens who died after experimenting with these toxic substances. The folding display presents a powerful no-use message, and offers suggestions for how young people can get involved in the fight against these harmful poisons.

## DRUG-AFFECTED DEMONSTRATOR & FETAL ALCOHOL SYNDROME MANIKIN SK 532

Study Kit, JH, REALITY WORKS, INC, 2006

The kit includes 2 dolls to be used by teachers for class demonstrations. The Fetal Alcohol Syndrome manikin shows teens what can happen when a pregnant woman chooses to drink and a fetus is exposed to alcohol. The Drug-Affected Demonstrator (doll) shows how drug abuse during pregnancy can affect an infant. To demonstrate realistic crying and tremors of a real drug-affected infant, the Demonstrator will cry and tremble following a fixed schedule when activated. Printed materials provide hands-on activities and worksheets. Videos include: Fetal Alcohol Syndrome and Other Drug Use During Pregnancy and National Teen Summit on Alcohol and Pregnancy. Additional title available to order: DV 2129 Babies Can't Say No: Substance Abuse During Pregnancy.

## THE DANGER ZONE: STEERING CLEAR OF DRUGS

DV 238, PI, 15 minutes

Includes three titles: ALCOHOL, TOBACCO AND MARIJUANA, - using animation as well as dramatic vignettes, shows that illegal substances damage the growing and developing brain and the body; DANGERS IN YOUR HOUSE - points out the differences between a doctor's prescribed medication for another family member and the dangerous consequences of taking other peoples medication; THE POWER OF NO - focuses on 4 short dramas in which elementary children are confronted with a decision on whether to try a substance or choose not to try it and get help from an adult. Scenarios involve alcohol, tobacco, cough syrup and air freshener. Learning refusal skills can save your health as well as your life.

## DANGERS OF INHALANTS FOLDING DISPLAY

SK 664 Grades: 4-10

Consultant: Wanda Hauser, CESAR (Center for Substance Abuser Research), University of Maryland. This folding display uses vivid graphics and hard-hitting information to communicate the facts about inhalants to students from elementary through high school. Bright illustrations are combined with text to emphasize the short-and long-term effects of inhalant abuse. Includes true stories of teens who died after experimenting with these toxic substances. The folding display presents a powerful no-use message, and offers suggestions for how young people can get involved in the fight against these harmful poisons.



## EVERYTHING YOU NEED TO KNOW ABOUT DRUGS

DV 1939, JH, 22 minutes

Using the latest research, this fast-paced program explains why the teen years are a critical time for brain development and why drug use of any kind can derail the brain's full potential when it comes to critical skills like thinking, remembering, learning and decision making. Viewers learn the anatomy of the brain and visit a state-of-the-art research lab to see clinical proof of the damage that drugs and alcohol cause. Students also learn the basic functions of the brain, the role of dopamine in the brain's reward pathway and how drugs impact that pathway, leading to addiction. Includes: Video, plus teacher's resource book, student handouts and pre/post tests in digital format.

## EVERYTHING YOU NEED TO KNOW ABOUT PRESCRIPTION AND OTC DRUGS IN 22 MINUTES DV 2104, DM21068

DVD, JHA, 22 min., HUMAN RELATIONS MEDIA,

This fast-paced video for teens dramatizes how *prescription* and over-the-counter *drugs* can be just as potent and addictive as illicit *drugs* like cocaine and heroin. We take a close look at the do's, don'ts, and dangers of these medicines including the potentially deadly impact of *drugged* driving. Students learn how abuse of OTC *drugs* can lead to addiction, overdose and even death. They also learn to read and heed warnings against mixing medicines together and that *drugs* should only be used by the person for whom they are prescribed. Includes: video, plus teacher's resource book, student handouts and pre/post tests in digital format.

## GO ASK ALICE AU 322

Playaway, Audio, H, 300 min., RECORDBK,

R.L. 5.6 Grades 9-12 A fifteen-year-old drug user chronicles her daily struggle to escape the pull of the drug world. Includes single copy book title. Anonymous

## HEROIN RISING: CHEAP, ADDICTIVE AND DEADLY

DV 2100, DM21064 DVD, JHA, 20 min., HUMAN RELATIONS MEDIA,

Teen *heroin* use is on the rise again. *Heroin* use can result in significant health problems including overdose and death; and, if sharing needles or other injection equipment, exposure to HIV, hepatitis C, and other diseases. SAMHSA reports, "*heroin* is a highly addictive opiate with a large potential for abuse. It is a danger to teens, resulting in serious psychological, social, educational and legal consequences. "This program interviews recovering *heroin* addicts to tell their cautionary stories... When, how, and why did they start taking *heroin*? What damage did it do to their bodies and lives, how hard is it to stay clean? How many friends have OD'd on *heroin*? Drug abuse counselors add their advice and guidance on how to avoid this deadly drug. Includes teacher's resource book, student handouts and pre/post tests in digital format.



## INHALANT ABUSE: ONE HUFF CAN KILL DV 2168

DVD, IJ, 20 min., HUMAN RELATIONS MEDIA, 2016

This gripping program shares unforgettable real stories of teens fighting their abuse of inhalants (huffing), as well as two families who lost children to inhalant abuse. Another interview segment involves an Ohio police officer, Jeff Williams, whose son died after a brief experiment with inhalants. In between these true stories, a group of teens talk directly to viewers addressing the addictive nature of inhalants and clearly outline the damage these toxic chemicals cause to the brain, heart and lungs. The accompanying teacher's resource book provides additional follow-up assignments and reinforces the program's powerful never use message. Includes video, plus teacher's resource book, student handouts and pre/post tests in digital format.

### **INHALANTS EXPOSED DV 2175**

DVD, IJ, 15 min., HUMAN RELATIONS MEDIA, 2000

This program addresses a dangerous and often tragic practice among young people-sniffing fumes of household products to get high. This video presents facts and authentic stories about the terrible consequences of “huffing”. Students will hear first hand accounts of how young people suffered seizures, blindness, respiratory arrest and death from inhaling substances such as cleaning fluid and air freshener. The print materials reinforce the message that the warning labels on products in the home are there for a reason and ignoring them can be deadly. Includes video, teacher’s resource book, student handouts and pre/post tests in digital format.

### **LEGAL BUT DEADLY: ABUSING PRESCRIPTION DRUGS DV 244**

DVD, JH, 20 min., HUMAN RELATIONS MEDIA, 2004

*Prescription drugs* like OxyContin, Ritalin, Vicodin, Xanax and codeine based cough syrup are making headlines around the nation as teens continue to abuse these legal *drugs* by crushing the pills and snorting or injecting the powder or drinking the liquid. Studies continue to offer evidence of an emerging problem with OxyContin and Ritalin addiction among young people. Sadly, too many teens don’t realize how dangerous their experimentation can be. This timely video highlights several recent cases of teens that became addicted to *prescription drugs* and the resulting consequences. Program highlights kids false beliefs about these *drugs* and the all too common belief that because these *drugs* are prescribed they are therefore safe. On camera physicians also describe the severe side effects of *prescription drugs* and how these *drugs* seriously compromise the brains functions.



### **MOLLY: INNOCENT NAME, DEADLY DRUG DV 2099, DM21063**

DVD, JHA, 16 min., HUMAN RELATIONS MEDIA,

*Molly*, a pure form of Ecstasy or MDMA, is the new, hot drug of choice for many young people who falsely believe the drug is safe. Often handed out at raves and cut with a variety of dangerous substances, *Molly* is exposed as the grave danger that it really is. Interviews with former *Molly* users and drug abuse experts drive home the message that taking *Molly* is playing Russian Roulette with your life. Includes teacher's resource book, student handouts and pre/post tests in digital format.

### **THE NEW MARIJUANA: HIGHER POTENCY: GREATER RISKS DM20951, DV 1587**

Digital Media, JS, 15 min., HUMAN RELATIONS MEDIA, 2010



The potency of THC, the mind-altering chemical in *marijuana*, has more than doubled in the last twenty years creating a greater risk for impairment and a far higher risk of addiction. This program presents viewers with up-to-date information on THC potency and looks at how THC affects the brain, how you become addicted, how *marijuana* impacts brain chemistry, cognitive function as well as mental and physical health.

### **OPIOIDS EPIDEMIC: HOW I BECAME A HEROIN ADDICT**

DV 2169 Grade level: 7-College 22 min.

With approximately 28,000 overdose deaths a year it’s very clear that America has a serious opioid problem. Add to that the recent sudden death of megastar Prince to a Fentanyl overdose and the dimensions of the problem only seem to get worse. This video and print package looks at the opioid epidemic through the eyes of 4 recovering young addicts Jesse, Peter, Cindy and Sam. By revealing their stories, viewers will learn how quickly and easily it is to transition from pain killer pills to shooting up heroin. The young users talk about how they stole money from their friends and family members to feed their habit. Two of them, Peter and Sam attempted suicide. They also talk about hope-hope not to use again-hope to get through the pain of detox, and the hope of a better, sober life ahead. Video and print curriculum delivers a strong no-use message. Video, plus teacher’s resource book, student handouts and pre/post tests in digital format.

## **OPIOIDS EPIDEMIC: HOW I BECAME A HEROIN ADDICT***DV 2169*

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## **THE OVERDOSE EPIDEMIC: WHAT CAN BE DONE TO STOP IT?** *DV 2101, DM21065*

DVD, JHA, 20 min., HUMAN RELATIONS MEDIA,

The spike in drug overdose is alarming and dangerous-it has become an epidemic in many communities across the country. This program takes a hard look at drug overdose from three points of view-an ER doctor, a pharmacologist, and several teens who have overdosed and lived to tell about it. Viewers learn the most lethal drug overdose happens when users combine various drugs that can cause almost instant death. The program includes vital information on how to recognize drug overdose in others and how to get immediate help. Includes" teacher's resource book, student handouts and pre/post tests in digital format.



## **PRESCRIPTION DRUGS UPDATE** *DM20949, DV1585*

Digital Media, JS, 17 min., HUMAN RELATIONS MEDIA, 2010

This program introduces a diverse group of young people who share their experience about their prescription drug abuse addictions and the consequences they have suffered. The participants abused various Rx drugs, pain relievers (OxyContin and Vicodin), depressants (Xanax and Valium) and stimulants (Concerta and Adderall). The stories of their descent into addiction and destructive life choices powerfully make the point that experimenting with pharmaceuticals recreationally, without a doctor's supervision is a prescription for danger. Viewers will be gripped by the programs strong no-use message delivered by teens who admit they did not realize how powerful these drugs were until it was too late.



## **RACHEL'S STORY** *DV 1049*

DVD, H, 22 min., Landmark, 2007

Rachel's Story is an extraordinary and highly acclaimed film, which tells the story of Rachel Whiear, told by her mother, father, sister and a close friend. The film is a very honest portrayal of how drug misuse can have far reaching consequences for both the drug user and their close family and friends.

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## Some Digital Streaming Titles Available on SNAP

### **Heroin What Am I Going to Do?**

Streaming video, Senior High - College/Adult, 28 min., Films Media Group, 2012

*Heroin* is an opiate drug-and a significantly addictive substance. Making the decision to become sober can be extremely challenging, as critical questions arise: What am I going to do if I decide I'm going to stop? How long can I stay away from it? Is it possible for me to resume a normal lifestyle? This award-winning video traces the steep path from the initial infatuation, allure, and lifestyle involved with *heroin* use to the inevitable devastation of addiction. It includes timely, informative updates on the resurgent threat and evolving problems of *heroin* use, plus real help and hope for recovery.

### **Bath Salts and Other Synthetic Drugs Think About It**

Streaming video, Intermediate - College/Adult, 18 min., Films Media Group, 2013

Total memory loss of recent events. Hallucinations of monstrous proportions. Horrific violence that has even been known to include cannibalism. Filmed with a primary focus on "bath salts" (synthetic cathinones), this video examines readily available designer drugs that can produce powerful highs while exposing the immensely damaging effects such chemicals cause to the brain and other organs when ingested. A police officer, a toxicologist, an addiction counselor, and a recovering addict talk seriously and frankly about substance abuse and its life-wrecking effects in a way that will make viewers take notice, while a what-if dramatization of a young teen who dies of a bath salts overdose will leave viewers thinking about the power of peer pressure - both face to face and via texting.

### **Carrie's Story: Part 2 - The Nightmare of Club Drugs**

Streaming video, Intermediate - Senior High, 11 min., Sunburst Visual Media, 2006

Watch this story about how a night out turns into a nightmare when a teen girl overdoses on club drugs. See how drug use permeates the club scene. Understand the potentially deadly effects of illegal drug use.

### **The Dark Side of Adderall and Other "Study Drugs"**

Streaming video, Intermediate - College/Adult, 15 min., Films Media Group, 2013

When used under a doctor's guidance, Adderall, Ritalin, and similar medications can be effective in controlling ADHD. But "pressure over grades and competition for college admissions are encouraging students to abuse prescription stimulants," says The New York Times. Employees-white collar and blue collar alike-abuse them too, for the energy and focus they can provide. And yet the cost of such abuse is high, leading to ever-increasing addiction that produces serious physical and psychological problems. This video follows Randy, a young man with no history of ADHD who began abusing Adderall in high school to improve his performance and, having later dropped out of college, relies on it to enable him to work for days at a time as a handyman for his grandmother. Commentary is provided by Jeffrey Strawn, a child and adolescent psychiatrist and faculty member at the University of Cincinnati, and Richard L. Baum, a psychologist with A.S.A.P., the Adolescent Substance Abuse Program.

### **Super Weed**

Streaming video, Senior High - College/Adult, 52 min., Films Media Group, 2013

*Marijuana* is the most widely used illicit drug on the planet - yet with 400 active chemicals and compounds, it's also considered by scientists to be one of our most interesting plants. Some brand it as dangerous, while others seem to look the other way. In most countries, *marijuana* is illegal - and in the U.S., the federal government places it in the same category as heroin and cocaine. Billions of dollars are spent to eradicate it, hundreds of thousands of Americans are jailed for possessing it, and 15 million Americans will try it this year. Bold growers plant "gardens" in national forests, converting national parks as well as suburban homes into greenhouses. The potency of the plant is greater than ever before and demand is up. Way up. In California alone, *marijuana* economics outpace the entire wine industry, and it is among the largest cash crops in America. Take a deep breath - and hold it - as Super Weed examines both the science and state of *marijuana* today.

## Learning about Opioids Lesson | Tragedy & Hope: Stories of Painkiller Addiction

media gallery, Intermediate - Senior High, 00:06:44, WNED-WBFO, 2014

In this lesson, to be used with the program *Tragedy & Hope: Stories of Painkiller Addiction*, students, guardians, parents, and teachers learn the names of some prescription *opioid* drugs and what effects they have on the body.

### Heroin Hits Home

Streaming video, Senior High - College/Adult, 00:45:00, Films Media Group, 2011

Riveting real-life television, *Intervention* explores the lives of people dependent on drugs, alcohol, or other destructive behaviors and the people who intervene to save them. This episode takes us to South Boston, where OxyContin - a painkiller and trendy drug - is the drug of choice for kids. But when this use became an expensive addiction, a cheaper and more deadly replacement was found: *heroin*. This documentary details the heartbreaking and dangerous effects *heroin* has on users and their families.

### Kids and Heroin A Wake-Up Call to Parents

Streaming video, Junior High - College/Adult, 00:39:00, Films Media Group, 2012

I'm literally rotting... there's nothing I can think of that's good in my life, says Ashley, who smokes as many as 100 hits of *heroin* a day and is barely out of her teens. For eight months, ABC News producers followed Ashley and two other *heroin* abusers through the agony of addiction. Dylan, a rehab veteran, has three younger brothers who openly fear for his life. Justin is even more at risk: he struggles alone, thousands of miles away from his family. Meanwhile, with Ashley braving treatment for the first time, her parents must examine their own muddled roles as enablers and protectors. What may surprise some viewers is that these stories take place far from the inner city-they represent suburbia's children, a demographic falling victim to substance abuse as never before.

### The Substance in Question

Streaming video, Senior High - College/Adult, 00:36:00, Films Media Group, 2013

This British program explains the major illegal drugs of misuse, examining the following four groups: stimulants (amphetamines, cocaine, and crack), hallucinogenics (LSD and Ecstasy), hypnosedatives (barbiturates and tranquilizers), and opiates (*heroin*). The program also examines cannabis. In the case of each drug, the program provides a factual introduction and a guide to short- and long-term effects. Drug users offer their candid insights into their attraction to specific substances, and a medical professional and substance abuse expert provides an explanation of the relative dangers of each individual drug.

